



What is TF-CBT?

Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) is an evidence-based treatment for children who have experienced sexual abuse or other serious traumatic events. It was developed and tested by Drs. Esther Deblinger, Judy Cohen, and Anthony Mannarino, and has been found in multiple research studies to be an effective treatment for children with trauma-related problems and their families.

What is TF-CBT Web?

TF-CBT Web is a web-based training course for learning Trauma-Focused Cognitive-Behavioral Therapy sponsored by the Medical University of South Carolina. It covers all of the procedures of TF-CBT, and includes streaming video demonstrations, clinical scripts, cultural considerations, clinical challenges and many other learning resources.

TF-CBT Web is designed to allow you to learn at your own pace, and use the learning experiences when it is convenient for you. Once you have completed **TF-CBT Web**, you can return as often as you like to “brush up” on the techniques, watch the demonstrations, or download the resources.

TF-CBT Web offers:

- Web-based learning
- Learn at own pace
- Concise explanations
- Video demonstrations
- Clinical scripts
- Cultural considerations
- Clinical Challenges
- Resources
- Links
- 10 hours of CE
- Free of charge

Who is TF-CBT Web designed for?

TF-CBT Web was developed for busy mental health professionals who want to learn the best evidence-based treatments, but who need a flexible, cost-effective, and convenient way of learning on their own schedule. The web-based format allows you to learn when it's best for you, at home or at work, and you can refresh your knowledge whenever you want.

How will I learn from TF-CBT Web?

Each of the **TF-CBT Web** components teaches a specific procedure, explains the technique in a concise manner, provides streaming video demonstrations of the procedures, includes printable scripts that can be used in treatment, has homework suggestions, discusses cultural considerations when using the technique, and describes common clinical challenges you might encounter. Material is presented in a concise format designed for busy professionals.

Can I get CE credits by taking TF-CBT*Web*?

Yes you can. Professionals who complete the full TF-CBT*Web* course will receive a Certificate of Completion for **10** continuing education contact hours. The Medical University of South Carolina is an approved provider of continuing education for all mental health professions.

Access TF-CBT*Web* at:
www.musc.edu/tfcbt

How much does TF-CBT*Web* cost?

TF-CBT*Web* is free to all users.

**Free of
Charge**

Does TF-CBT*Web* work with any computer?

TF-CBT*Web* is compatible with both PC and Macintosh computers, and with most major web browsers such as Internet Explorer, Firefox, Mozilla, and Netscape. A high speed Internet connection and Windows Media Player is required to view the streaming video demonstrations.

How do I register for TF-CBT*Web*?

To register, go to TF-CBT*Web* at:

www.musc.edu/tfcbt

Click on the **Register** tab, and follow the directions. All registration information is kept private and not shared.



Who developed TF-CBT*Web*?

TF-CBT*Web* was developed and is maintained by the faculty and staff of the National Crime Victims Research and Treatment Center at the Medical University of South Carolina, in cooperation with the developers of TF-CBT. Collaborative partners in this web course are:

New Jersey Child Abuse Research Education and Service (CARES) Institute
University of Medicine and Dentistry of New Jersey – School of Osteopathic Medicine
Stratford, NJ

Center for Traumatic Stress in Children and Adolescents
Allegheny General Hospital
Pittsburgh, PA.

Center for Sexual Assault and Traumatic Stress, Harborview Medical Center
Seattle, WA

Charleston-Dorchester Community Mental Health Center
Charleston, SC

Dee Norton Lowcountry Children's Center
Charleston, SC

Child Trauma Treatment Network-Intermountain West
Primary Children's Medical Center
Salt Lake City, UT

**10 Hours of
Continuing
Education**

To learn more about **TF-CBT*Web***, go to
www.musc.edu/tfcbt
and click on the **Introduction** tab.

If you have questions about **TF-CBT*Web***,
e-mail: tfcbt@musc.edu

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